



## The Turn-Around, Upside-Down Alphabet Book

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Each letter of the alphabet becomes three different objects as this book is turned sideways, upside down, and sideways again.

[The Turn-Around, Upside-Down Alphabet Book](#) focuses on the physical shape of the letters of the alphabet rather than the words that begin with each letter. Creating physical objects out of each letter helps young children better visualize the alphabet and imprints the shape of each letter in their mind.



### Activity: Alphabet Play Dough

1 cup flour, 1/2 cup salt, 1 cup water, 2 tablespoons vegetable oil, 2 tablespoons cream of tartar, Food coloring, Empty yogurt containers, Wax paper

#### Directions:

1. Mix the flour, salt, cream of tartar and oil together in a saucepan. Slowly add the water to your mixture. Cook over medium heat, stirring until the dough becomes stiff.
2. Pour your dough onto a sheet of wax paper. Set aside to cool.
3. When the dough cools, knead it with your hands until it is pliable but not mushy.
4. Add a few drops of food coloring and knead again to add color to the dough. (Note: You can also mix a few drops of different primary colors together to make a secondary color. This is a great way to introduce children to the concept of color mixing!)
5. Store your play dough in the yogurt containers.